



2026 Q3

ManpowerGroups Arbetsmarknads- barometer

Sverige och internationellt →



Sysselsättnings- prognos Sverige Q3 2026



Prognosen inför Q3 2026 i korthet

De svenska arbetsgivarna ger en optimistisk sysselsättningsprognos inför sommaren. Sysselsättningstrenden är positiv över hela landet och i samtliga undersökta branscher.

Sysselsättningstrenden i Sverige: 34%



Jobbprognosen minskar med fyra procentenheter jämfört med föregående kvartal men ökar med 10 procentenheter jämfört med samma kvartal 2025.

Störst svensk efterfrågan:

- Bygg- & fastighet
- Finans och försäkring
- Handel och logistik


Sverige har Europas näst starkaste jobbprognos och ligger väl över det globala snittet på 26 procent inför Q3 2026.




Mätningen gjordes 1-30 april 2026, under den pågående konflikten i Mellanöstern.


*Net Employment Outlook results range from +100% to -100%

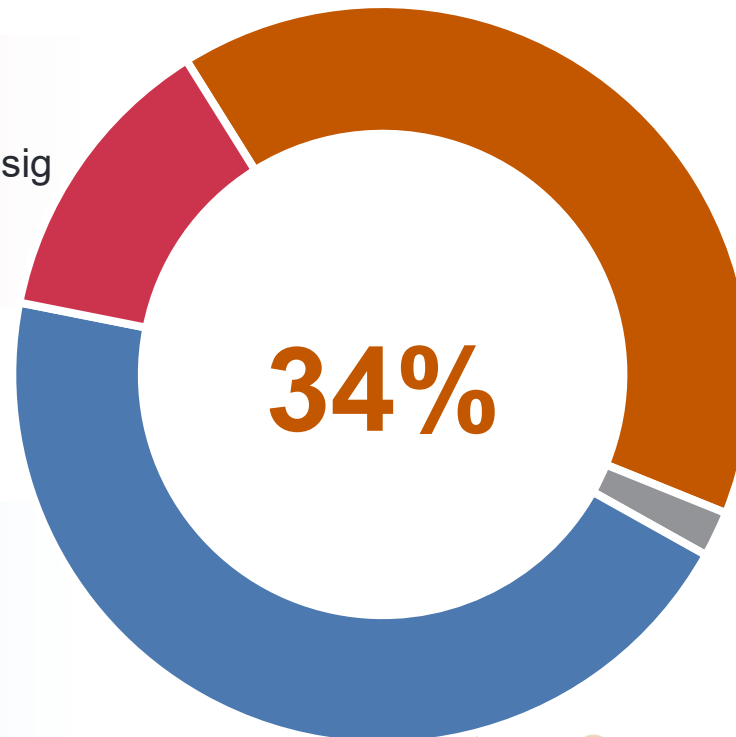
Sysselsättningstrend Q3 2026

 **13%** av arbetsgivarna förväntar sig **personalminskningar** under Q3.

38% planerar att behålla personalstyrkan **oförändrad**. 

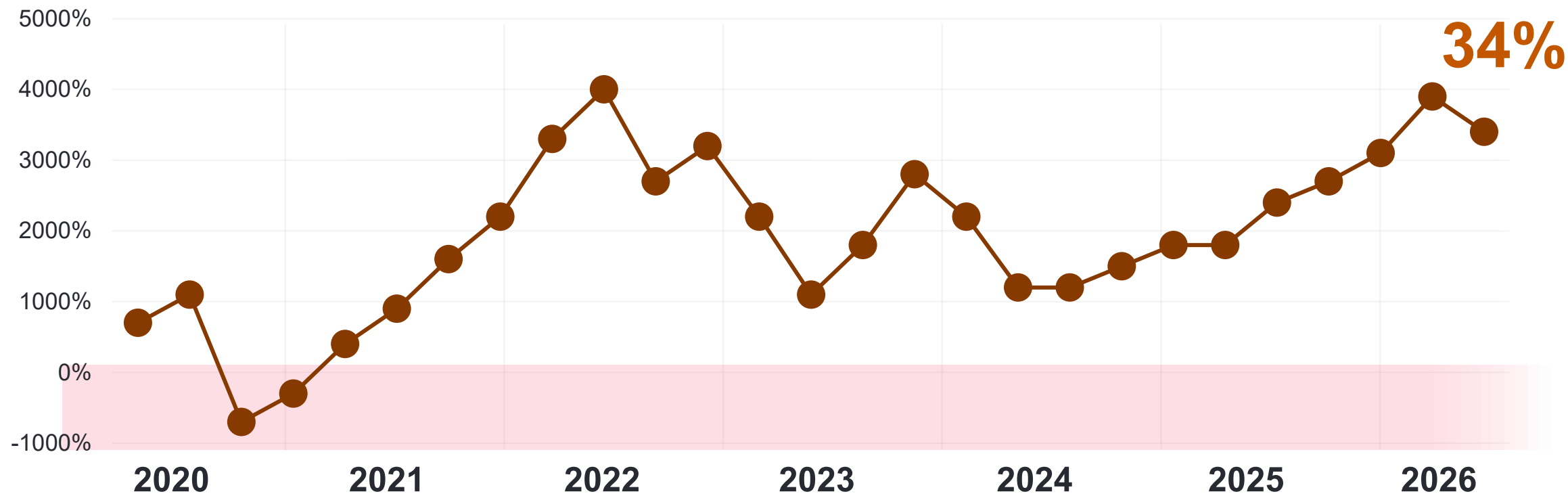
 **47%** planerar att **öka personalstyrkan** mellan juli och september.

2% är **osäkra** på hur personalstyrkan kommer att förändras. 



Trenden över tid: stark vilja att anställa i Sverige 2026

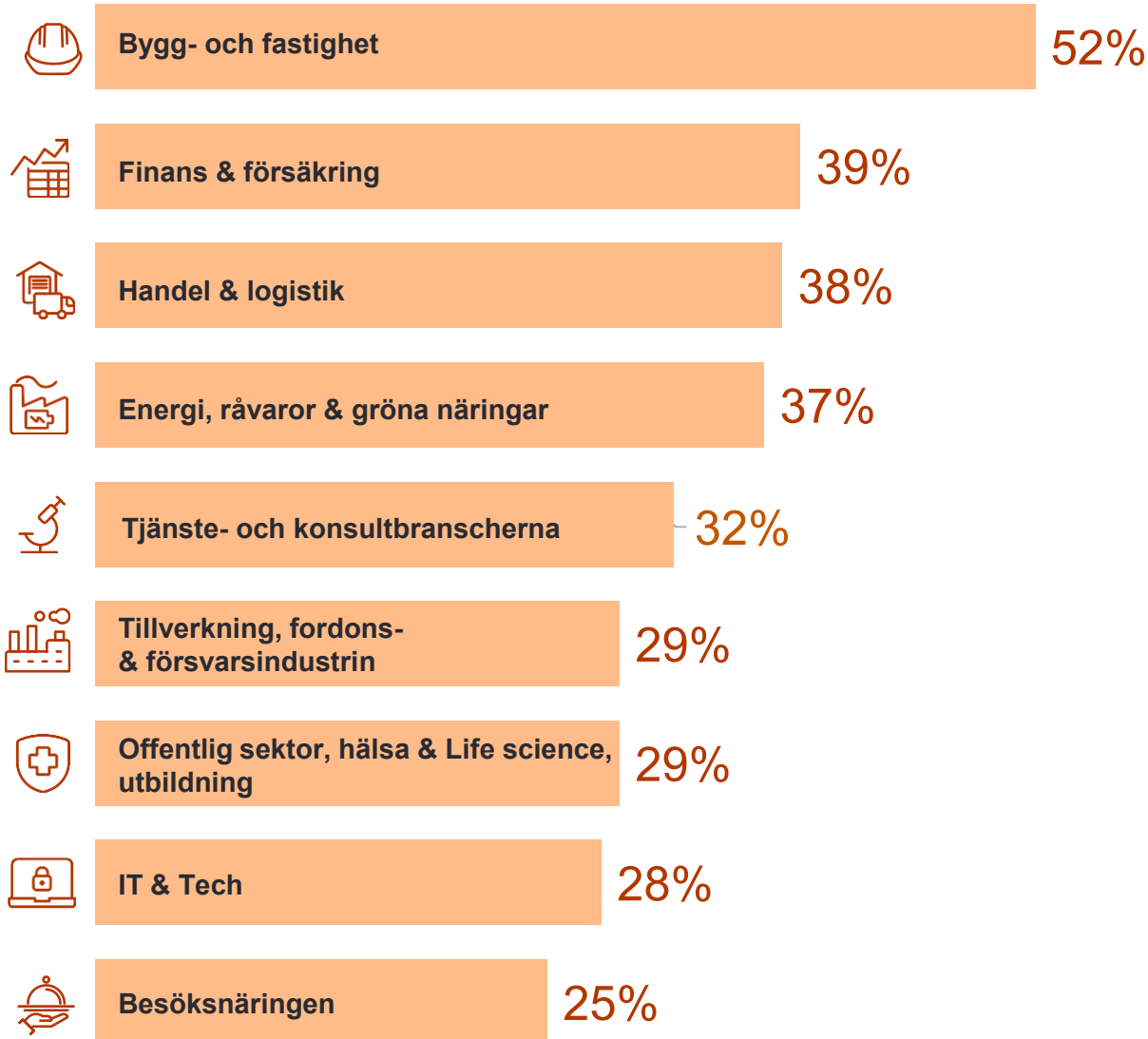
Sysselsättningstrenden minskar med 4 procentenheter jämfört med föregående kvartal men ökar rejält med 10 procentenheter jämfört med motsvarande period 2025.





Alla undersökta branscher har positiva förväntningar på jobben i sommar

Samtliga tio undersökta branscher rapporterar positiva jobbprognoser inför sommaren och **porognoserna förbättras i nio av dem jämfört** med samma period föregående år.

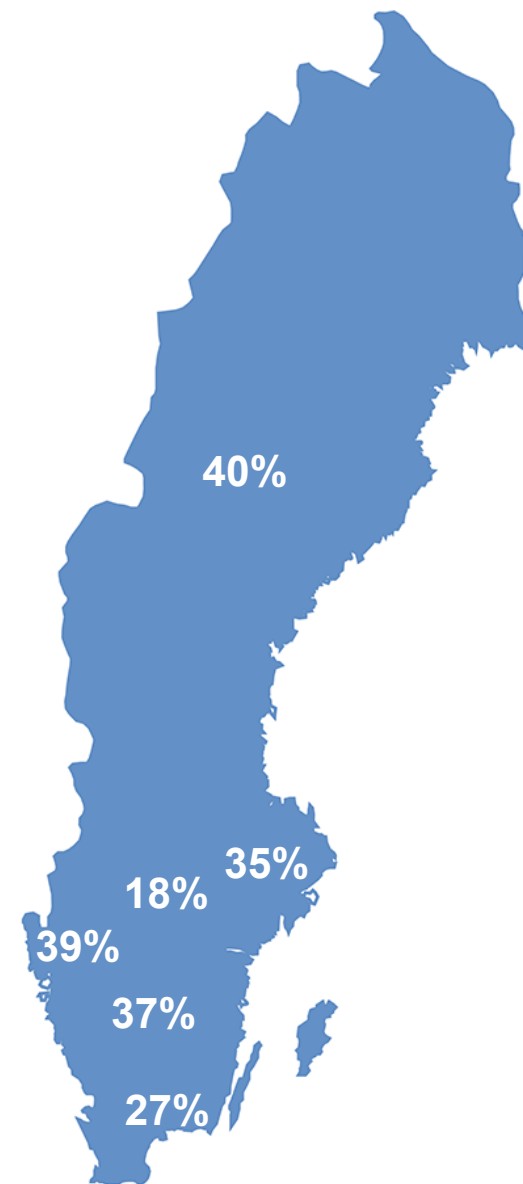


Starka prognoser för hela landet

Samtliga regioner ger starka jobbprognoser inför det tredje kvartalet.

Norra Sverige, Västra Götaland och Östra Götaland toppar landets regioner med stark sysselsättningsvilja.

Störst uppgång jämfört med föregående kvartal står Västra Götaland för med en betydande ökning, följt av Östra Götaland och Skåne/Blekinge.



Globala jobbprognoser för det tredje kvartalet

Sverige har Europas näst starkaste jobbprognos, och ligger på sjunde plats internationellt.

26%
Globalt snitt



| | | | | | |
|--------------------|------------|----------------|-----|----------------|-------------|
| India | 48% | Colombia | 22% | Ireland | 12% |
| Puerto Rico | 48% | Norway | 22% | Panama | 11% |
| U.S. | 45% | Czech Republic | 20% | Spain | 11% |
| Brazil | 37% | Switzerland | 19% | Finland | 10% |
| U.K. | 37% | Portugal | 18% | Belgium | 8% |
| Costa Rica | 36% | Taiwan | 17% | Greece | 7% |
| Sweden | 34% | U.A.E.* | 17% | Argentina | 6% |
| China | 33% | Guatemala | 16% | Germany | 6% |
| Mexico | 28% | Poland | 16% | Japan | 5% |
| Vietnam* | 28% | Australia | 15% | France | 3% |
| Peru | 27% | Hungary | 15% | Italy | 3% |
| Israel | 26% | Singapore | 13% | Slovakia | -6% |
| Türkiye | 24% | Canada | 12% | Hong Kong | -9% |
| The Netherlands | 23% | Chile* | 12% | Romania | -12% |

*The NEOs for Chile, the U.A.E., and Vietnam are currently unadjusted and will be seasonally adjusted after sixteen quarters of data.



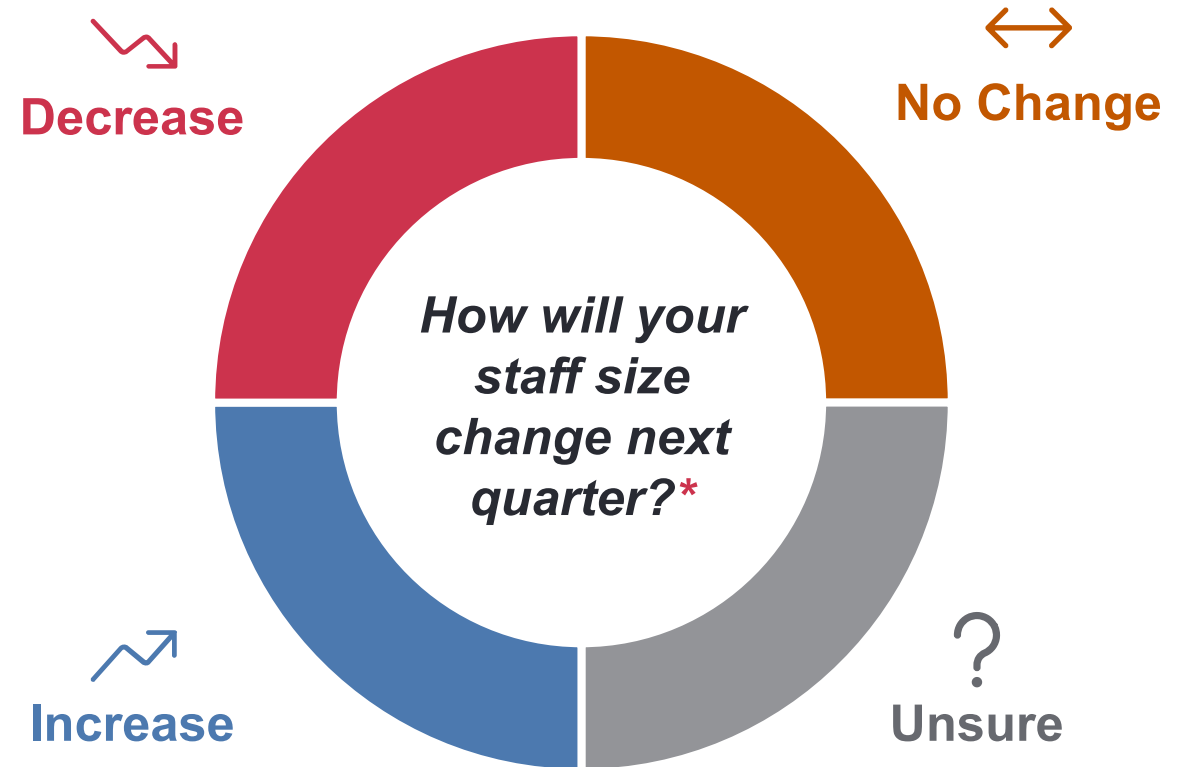
Om undersökningen



Capturing Future Hiring Plans

Since 1962, ManpowerGroup has asked organizations about their quarterly hiring plans. More than **40,500 employers** across **42 countries** reported **hiring expectations for Q3 2026** in the latest edition of the Employment Outlook Survey.

Respondents shared whether their staffing levels would remain unchanged, increase through new hiring, or decrease due to layoffs or anticipated departures.



*The survey question has been modified for clarity, and the full text is available in the [About the Survey](#) section.

About the Survey

The ManpowerGroup Employment Outlook Survey is the most comprehensive, forward-looking employment survey of its kind, used globally as a key economic indicator. The Net Employment Outlook is derived by taking the percentage of employers anticipating an increase in hiring activity and subtracting from this the percentage of employers expecting a decrease in hiring activity. Running since 1962, various factors underpin the success of the Survey:

Unique – It is unparalleled in its size, scope, longevity and area of focus. The ManpowerGroup Employment Outlook Survey is the most extensive, forward-looking employment survey in the world, asking employers to forecast employment over the next quarter. In contrast, other surveys and studies focus on retrospective data to report on what occurred in the past.

Independent – The survey is conducted with a representative sample of employers from throughout the countries and territories in which it is conducted. The survey participants are not derived from ManpowerGroup’s customer base.

Robust – The Q3 2026 survey is based on interviews with 40,592 public and private employers across 42 countries to measure anticipated employment changes and trends. This sample allows for analysis to be performed across specific sectors and regions to provide more detailed information.

Focused – For more than six decades the survey has derived all its information from a single question (Q3 2026 example): “How do you anticipate total employment at your location to change in the three months to the end of September 2026 as compared to the current quarter?”

Survey Methodology – The data for the third quarter was collected between April 1-30, 2026. The findings reflect employer sentiment at the time of data collection and may not capture the potential impact of subsequent events. The size of organizations and sectors are standardized across all countries to allow international comparisons.

Forward-Looking Statements –

This report contains forward-looking statements, including statements regarding labor demand in certain regions, countries and industries, and economic uncertainty. Actual events or results may differ materially from those contained in the forward-looking statements, due to risks, uncertainties and assumptions. These factors include those found in the Company’s reports filed with the U.S. Securities and Exchange Commission (SEC), including the information under the heading “Risk Factors” in its Annual Report on Form 10-K for the year ended December 31, 2025, whose information is incorporated herein by reference. ManpowerGroup disclaims any obligation to update any forward-looking or other statements in this release, except as required by law.

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